

# WHO KNOWS ?! RESEARCH PROJECT

## What's going on with WRAP in the Netherlands?



Paulina Sedney & Eefje Driessen  
WRAP Around the World conference  
January 27th 2013

## Program

- Introduction
- Project *Who knows?! (10 minutes)*
  - *Context*
  - *Research questions & - methods*
  - *Multiple case study*
- State of affairs concerning WRAP in the Netherlands
- Challenges (50 minutes)

# Introduction

- Eefje Driessen and Paulina Sedney
- Lecturer and PhD student
- Amsterdam University of Applied Sciences (the Netherlands)
  - Institute for Law & Society (social work)
  - Research and Development Centre
  - Research program Outreach work & Innovation

**Would you let us know who you are?  
And what do you know about the Netherlands?**

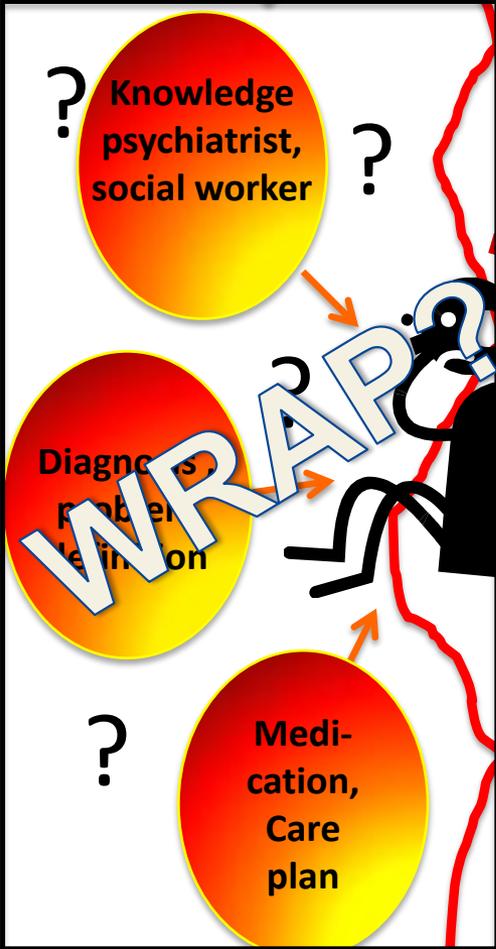
# WHY PROJECT WHO KNOWS?!

Traditional care  
and social work

Consumer and  
recovery  
movement

**Project *WHO KNOWS?!***  
2011-2015

Recovery=  
Reducing  
symptoms



Recovery=  
Learning to live  
with symptoms  
and  
vulnerabilities

## So, new development in research:

Using lived experience in Dutch practices: is WRAP an option?

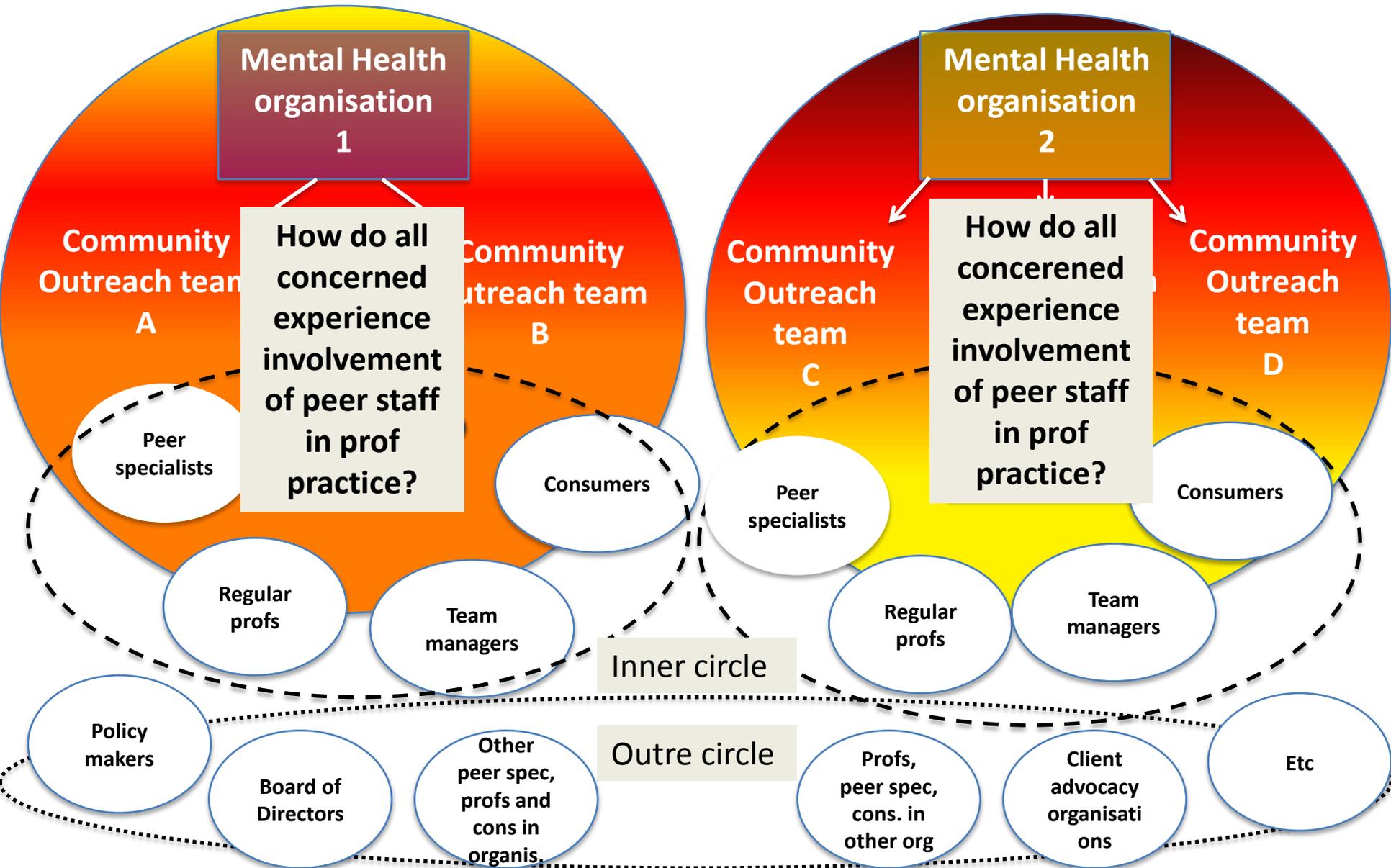
Research Question (in concept):

- *What are experiences with WRAP in mental health practices from several perspectives eg peer support workers, regular professionals, team managers, consumers?*
- *How do Dutch clients experience WRAP in relation to their self-determination and recovery process?*

# Qualitative research methods

- Literature study
- Interviews
- Focus groups
- Participatory observation

# Multiple cases in *WHO KNOWS?!*



## State of affairs concerning WRAP in the Netherlands:

- Phrenos and HEE (Dienke Boertien and Marianne van Bakel)
- 19 advanced facilitators
- 15 WRAP facilitators (March)
- About 10 – 15 WRAP groups
- Idea for a refreshment course for facilitators, to ensure validity and to keep program up to date etc

YOUR EXPERIENCES...

## Challenge 1:

WRAP facilitators find it difficult to hold on to the WRAP values while working in the medical model

- *Do you recognize this?*
- *How did/do you deal with it?*

## Challenge 2:

How to involve none peer professionals in the WRAP proces?

# Tips for implementing WRAP in Holland?



## PhD Project WHO KNOWS?!

Using lived experiences of peer specialists in traditional mental health practices: introducing WRAP

### Research program Outreach work & Innovation

Research and development centre for law and society

Contact person: Paulina Sedney ([p.l.f.sedney@hva.nl](mailto:p.l.f.sedney@hva.nl))

Made possible by a federal grant: RAAK

#### Partners;

