

VIA University College, Denmark

Quotes of Faculty of Sports and Nutrition students who followed their minor here

Experiences overall

Overall this semester has been a very great experience. I have had helpful classes and met a lot of international friends as well as Danish.

One down side was that my school did not have any introduction days for international people, so it was kind of difficult to get to know others in the beginning. But after a little bit of research you are able to find a lot of international (student) groups.

Level of education and the courses

Everything in Denmark is very well organized. The teachers at the school are very friendly and give a lot of help whenever that is needed. They work with good schedule with classes of 45 minutes each and 15 minute break after that. The information they give is well explained and the classes are not too hard.

Yes, personally I think that the semester in Denmark was easier compared to Amsterdam. It was definitely less stressful, with less deadlines within semester. Also, they only have tests every semester instead of every half semester.

Housing (in private sector or organised via the university)

They provided me a room through the University, Around 400 euros. Yes, it's very clean, and big enough, about 20m². I lived together with one dormmate. We shared a kitchen and bathroom. There was a bed, desk, small table and closets provided.

Cultural differences

1. Dutch can be very straight forward. Danes are a little more reserved and very polite to everyone. It is sometimes hard to get to know a Dane.
2. Danes obey the rules very well compared to the Dutch. For example; they will not cross when the lights are red, even if there is no-one on the road. They will always be on time, and so on.

Tips for future students

- The first thing to get fixed is a CPR number, with this number you get free healthcare and some main things (like getting a bus card) require a CPR number.
- The main form of transportation in Aarhus is by bike, I would definitely recommend buying one there or bring your own from home (if possible). Otherwise the busses ride very often and are 20kr. (2.60eu) for 2 zones. Which is enough from downtown to school. Therefore you need coins. There is also an app or a card on which you can charge money and use it for the bus, this is cheaper than the cash option.
- Most danes use a MobilePay app to pay for food etc. MobilePay can only be used with a Danish bank account. For longer stays, I recommend getting a Danish bank account. MobilePay is also used to transfer their friends money for example. If you only stay for a semester, I don't think it is necessary and just remember to carry cash. In most stores you can pay by debit card. I recommend getting more cash out of the ATM at once.
Every time you do so there is a fee, related to the conversion of different currencies.
- Housing can be very hard to find as there are a lot of students in Aarhus. Make sure you start looking for

houses on time. If the university offers you one, please take it, you are less likely to find something on your own.

- Living in Denmark is relatively expensive compared to the Netherlands. Expect to pay more for food and drinks. I recommend asking your classmates, or Danish friends, for cheap spots to go out to drink or eat. Most Danish students don't go out to eat often, as it is expensive.
- Yes, there is a student association called Studenterhus Aarhus. They host multiple parties, you can volunteer to bartend, they host lectures and have a great bar with cheap prices for members (a year membership is only 99kr a year and you get 20% discount on drinks). They also have a café during the day where you can meet up for coffee and for studying. It is a great way to meet new people, Danish as well as internationals from all over the world. They even have a running team!
- If you need a place to study, I recommend the library called Dokk1. They have study rooms for which you can make a reservation (not online, but sign in by hand on the papers hanging on the door.). The study rooms are great for meeting up with project groups. Other than the study rooms there are enough places in Dokk1 to sit.
You could also use the libraries of multiple universities to study in. Its free excess for all students, no matter where you study.

Short statement about the university

The host university was very beautiful, the teachers are very good and nice. They work with a nice schedule. Everyone in the school is very helpful and kind. The kantine provides very good lunches everyday, for meat eaters as well as for vegetarians.