

#3



VOLLEDIG

Verzamelprogramma: Web Link 1 (Webkoppeling)

Gestart: zondag 3 juli 2016 17:15:24

Laatst gewijzigd: zondag 3 juli 2016 17:41:41

Bestede tijd: 00:26:17

IP-adres: 176.234.56.186

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V1: What is your first and last name?

Emine Akdemir

V2: Which study programme at the Faculty of Sports and Nutrition are you following?

Nutrition & Dietetics

V3: Where (country and city) are you doing your internship?

Turkey - Istanbul

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V4: How much do you agree or disagree with the following statements?

The internship abroad has been a positive experience for me

Strongly agree

The internship abroad taught me to deal better with psychological stress and anxiety

Neutral

The internship abroad made me more aware of other people's perspectives

Strongly agree

The internship abroad period taught me to communicate more effectively.

Strongly agree

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V5: Did the content and the level of the internship correspond with your studies at the HvA?

Yes,

Please elaborate on your answer
I practionised the learned theory

V6: Were you satisfied with the supervision at your internship company/organisation?

Yes,

Please elaborate on your answer
I was able to communicate very well

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V7: Please specify the working language and the language of the country:

	Language
Working language	Other
Language of the country	Other
Other, please specify:	Turkish

V8: What is your conclusion regarding your language abilities?

Working language - reading	Improved a lot
Working language - writing	Improved a lot
Working language - speaking	Improved a lot
Working language - listening	Improved a lot
Working language - overall	Improved a lot
Language of the country - reading	Improved a lot
Language of the country - writing	Improved a lot
Language of the country - speaking	Improved a lot
Language of the country - listening	Improved a lot
Language of the country - overall	Improved a lot

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V9: Please describe two cultural differences you experienced during your stay abroad. Experience 1:

People aren't strict and there aren't stick to rules for when example clients make an appointment, people can forget and just not come, without any consequences.

V10: Experience 2:

People are warm, know more personal things about eachother, people are like friends

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V11: How did you find accommodation?

Other, please name
I visited this place after my friends recommended it

V12: How much did you pay for this accommodation on a monthly basis?

200-400 euros

V13: Would you recommend this accommodation to other students?

Yes,
Please explain your answer
It was placed at the center and it was okay

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V14: What are your tips for other students going here (e.g. housing, transport, cost of living, useful contacts etc.)?

- Know that there is a lot of traffic in Istanbul
 - Search for an accomodation that is close to your internship adress
 - If you go to the university you can ask for an accomodation at the school
 - Use a Istanbulcard for public transport
 - Use the application trafi, it's like 9292
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V15: Write a short statement about the internship to inform other students.

Going abroad means finding out your true self, meeting new people, making new friends, making trips, and next to this all you're learning through the process. You see a lot, you make a lot of new experiences. You get to know a completely different culture. I laughed, I had fun, but more importantly I made friendships that are forever... I always have an adress that I can go to now. Shortly; these 4 months were unforgettable for me and I wish they never ended!

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V16: If you could do it all over again, what would you do differently?

I would make a list of all the things I would want to do/visit... And if I can't find anyone to go somewhere, I would just go alone, because you always make friends on the road!

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V17: Do you have any other remarks?

This was one of best descissions I made in my life!
