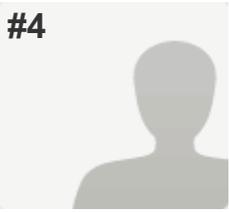


#4



VOLLEDIG

Verzamelprogramma: Web Link 1 (Webkoppeling)

Gestart: zaterdag 2 juli 2016 16:58:20

Laatst gewijzigd: zaterdag 2 juli 2016 17:18:40

Bestede tijd: 00:20:20

IP-adres: 84.107.138.172

PAGINA 2

V1: What is your first and last name?

Tess de Boer

V2: Which study programme at the Faculty of Sports and Nutrition are you following?

Nutrition & Dietetics

V3: Which university abroad did you go to?

Finland: Tampere University of Applied Sciences (TAMK)

PAGINA 3

V4: How much do you agree or disagree with the following statements?

The study abroad has been a positive experience for me

Strongly agree

The study abroad taught me to deal better with psychological stress and anxiety

Mildly agree

The study abroad made me more aware of other people's perspectives

Mildly agree

The study abroad period taught me to communicate more effectively.

Mildly agree

PAGINA 4

V5: Courses:Course 1 (name of the course):

English Grammar and Writing

V6: Type of examination:

Written exam (open questions), Assignments, Essay

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V7: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Mildly agree
The content of this course is useful for my future study or employment	Mildly agree
The teaching qualities of the teachers/lecturers is up to standard	Neutral
I receive enough feedback in my class	Mildly agree
The exams reflect the content of the course	Mildly agree
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Mildly agree

V8: Course 2:

Nutritional Care

V9: Type of examination:

Presentation, Assignments, Essay

V10: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Neutral
The teaching qualities of the teachers/lecturers is up to standard	Mildly disagree
I receive enough feedback in my class	Mildly disagree
The exams reflect the content of the course	Neutral
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Mildly disagree

V11: Course 3:

Basics of Finnish

V12: Type of examination:

Written exam (open questions), Presentation

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V13: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Mildly agree
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Mildly agree
I receive enough feedback in my class	Neutral
The exams reflect the content of the course	Mildly agree
I feel included in my class	Mildly agree
This course was useful for the development of my intercultural awareness	Mildly agree

V14: Course 4:

Each One Teach One

V15: Type of examination: Assignments,
Other (please specify) Meetings

V16: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Mildly disagree
I receive enough feedback in my class	Mildly disagree
The exams reflect the content of the course	Neutral
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Mildly agree

V17: Course 5:

Finnish Cuisine and Costums

V18: Type of examination: Presentation, Project work, Assignments

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V19: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Mildly agree
The content of this course is useful for my future study or employment	Mildly agree
The teaching qualities of the teachers/lecturers is up to standard	Mildly agree
I receive enough feedback in my class	Mildly agree
The exams reflect the content of the course	Mildly agree
I feel included in my class	Mildly agree
This course was useful for the development of my intercultural awareness	Mildly agree

V20: Course 6:

Nature and Wellbeing

V21: Type of examination: Presentation, Assignments, Essay

V22: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Mildly disagree
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Mildly disagree
I receive enough feedback in my class	Neutral
The exams reflect the content of the course	Mildly disagree
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Mildly disagree

V23: Course 7:

Functional facility design

V24: Type of examination: Assignments

V25: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Mildly disagree
I receive enough feedback in my class	Mildly disagree
The exams reflect the content of the course	Neutral
I feel included in my class	Mildly disagree
This course was useful for the development of my intercultural awareness	Mildly disagree

PAGINA 5

V26: Please describe the differences in level of education between the partner university and the HVA

Level of education at the HVA is a little higher ,

Elaborate on your answer

I am used to study a lot for my courses at the HVA. During every course I have to make assignments or read some books or articles. After every unit I have three or more exams to do. The courses at TAMK were really 'easy' if you compare it with the courses at the HVA. It was not necessary for me to study a lot and there were not a lot of exams. Also three of the seven courses at TAMK were online courses; no classes and just study the materials on your own and make the assignments and submit this online.

PAGINA 6

V27: Please specify the teaching language and the language of the country:

	Language
Teaching language	English
Language of the country	Finnish

V28: What is your conclusion regarding your language abilities?

Teaching language - reading	Improved a lot
Teaching language - writing	Improved a lot
Teaching language - speaking	Improved a lot
Teaching language - listening	Improved a lot
Teaching language - overall	Improved a lot
Language of the country - reading	Improved a little
Language of the country - writing	Improved a little
Language of the country - speaking	Improved a little
Language of the country - listening	Improved a little
Language of the country - overall	Improved a little

PAGINA 7

V29: Please rate the quality of the services or facilities that are available at the partner university

International Office	Good
Accommodation services	Excellent
Counselling services	Good
“Buddy” or mentor programmes	Excellent
Sports and Recreational facilities	Good
Student Associations	Good
Computer facilities	Good
Restaurant	Excellent

V30: * Please elaborate on your answer

TAMK is a really nice university. The people are helpful and are there for you when you need them. TAMK is a really big university, modern and has a lot of good facilities.

PAGINA 8

V31: Please describe two cultural differences you experienced during your stay abroad. Experience 1:

Finnish people are more introvert than dutch people. I recognized this cultural difference in some situations. We are always talking and most of the same say what we think, Finnish people are the opposite.

V32: Experience 2:

On TAMK the teachers were not really strict. A deadline is a deadline at my study at the HvA. But the students in TAMK didn't submit their assignments before the deadlines and it was no problem. Maybe this is a kind of cultural difference?

PAGINA 9

V33: How did you find accommodation?

Other, please name
From the other girl that was in Tampere last year.

V34: How much did you pay for this accommodation on a monthly basis?

200-400 euros

V35: Would you recommend this accommodation to other students going to this partner university?

Yes,

Please explain your answer
Lapinkaari is a student building with only international students. You have your own cosy room with your own bathroom and toilet, this is for me really important. The kitchen is shared by one floor (25 people). This is really nice and you meet with the people in the kitchen.

PAGINA 10

V36: What are your tips for other students going here (e.g. housing, transport, cost of living, useful contacts etc.)?

Lapinkaari is not in the center, but is really close to the center (10 minutes by bus) and is close to the lake (really nice to see the northern lights!!)

Buy a monthly buscard (+/- 35 euro), the bus will bring you everywhere in Tampere and to take the bus during the really cold days is a must.

Choose for a tutor in the beginning. My tutor was really nice and helped me with my keys of my room and my buscard etc.

V37: Write a short statement about the host university to inform other students.

TAMK is a really nice, big university close to the center of Tampere. You feel at home in this university and the people are really kind. The courses are okay and not so difficult. They have a lot of online courses what can be positive or negative.

PAGINA 11

V38: If you could do it all over again, what would you do differently?

Maybe I want to choose other courses. Courses that are more difficult and that suits better with my study here.

PAGINA 12

V39: Do you have any other remarks?

x

#15



VOLLEDIG

Verzamelprogramma: Web Link 1 (Webkoppeling)
Gestart: dinsdag 30 augustus 2016 15:49:57
Laatst gewijzigd: dinsdag 30 augustus 2016 16:07:21
Bestede tijd: 00:17:24
IP-adres: 83.81.79.221

PAGINA 2

V1: What is your first and last name?	Lisanne Walsmit
V2: Which study programme at the Faculty of Sports and Nutrition are you following?	Nutrition & Dietetics
V3: Which university abroad did you go to?	Finland: Tampere University of Applied Sciences (TAMK)

PAGINA 3

V4: How much do you agree or disagree with the following statements?

The study abroad has been a positive experience for me	Strongly agree
The study abroad taught me to deal better with psychological stress and anxiety	Mildly agree
The study abroad made me more aware of other people's perspectives	Strongly agree
The study abroad period taught me to communicate more effectively.	Strongly agree

PAGINA 4

V5: Courses: Course 1 (name of the course):

Each one teach one

V6: Type of examination:

Assignments,
Other (please specify)
Little blogpost after every meeting

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V7: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Strongly disagree
The teaching qualities of the teachers/lecturers is up to standard	Strongly disagree
I receive enough feedback in my class	Mildly agree
The exams reflect the content of the course	Strongly disagree
I feel included in my class	Strongly agree
This course was useful for the development of my intercultural awareness	Strongly agree

V8: Course 2:

Nutritional care

V9: Type of examination:

Presentation

V10: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Neutral
The teaching qualities of the teachers/lecturers is up to standard	Neutral
I receive enough feedback in my class	Mildly agree
The exams reflect the content of the course	Neutral
I feel included in my class	Mildly agree
This course was useful for the development of my intercultural awareness	Mildly agree

V11: Course 3:

English grammer and writting

V12: Type of examination:

Written exam (open questions),
Written exam (multiple choice), Project work,
Assignments, Essay

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V13: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Strongly agree
The content of this course is useful for my future study or employment	Strongly agree
The teaching qualities of the teachers/lecturers is up to standard	Neutral
I receive enough feedback in my class	Strongly agree
The exams reflect the content of the course	Strongly agree
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Neutral

V14: Course 4:

Finnish cuisine

V15: Type of examination:

Presentation, Assignments

V16: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Neutral
The teaching qualities of the teachers/lecturers is up to standard	Strongly agree
I receive enough feedback in my class	Strongly agree
The exams reflect the content of the course	Strongly agree
I feel included in my class	Strongly agree
This course was useful for the development of my intercultural awareness	Strongly agree

V17: Course 5:

basic of Finnish

V18: Type of examination:

Written exam (multiple choice), Assignments

Survey 2 - Study abroad - Faculty of Sports and Nutrition

V19: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Neutral
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Neutral
I receive enough feedback in my class	Neutral
The exams reflect the content of the course	Strongly agree
I feel included in my class	Strongly agree
This course was useful for the development of my intercultural awareness	Mildly agree

V20: Course 6:

Nature and wellbeing

V21: Type of examination: Assignments,
Other (please specify) Learning dairy

V22: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Strongly disagree
The content of this course is useful for my future study or employment	Strongly disagree
The teaching qualities of the teachers/lecturers is up to standard	Neutral
I receive enough feedback in my class	Neutral
The exams reflect the content of the course	Mildly disagree
I feel included in my class	Strongly agree
This course was useful for the development of my intercultural awareness	Neutral

V23: Course 7:

Functional facility design

V24: Type of examination: Presentation, Project work, Assignments

V25: How much do you agree or disagree with the following statements about this course?

The level of this course is up to standard	Mildly agree
The content of this course is useful for my future study or employment	Mildly disagree
The teaching qualities of the teachers/lecturers is up to standard	Mildly agree
I receive enough feedback in my class	Mildly agree
The exams reflect the content of the course	Mildly agree
I feel included in my class	Neutral
This course was useful for the development of my intercultural awareness	Neutral

PAGINA 5

V26: Please describe the differences in level of education between the partner university and the HvA

Level of education at the HvA is much higher ,
Elaborate on your answer
This is my experience, but maybe it is because of the erasmus period..

PAGINA 6

V27: Please specify the teaching language and the language of the country:

	Language
Teaching language	English
Language of the country	Finnish

V28: What is your conclusion regarding your language abilities?

Teaching language - reading	Improved a little
Teaching language - writing	Improved a little
Teaching language - speaking	Improved a little
Teaching language - listening	Improved a little
Teaching language - overall	Improved a little
Language of the country - reading	Improved a little
Language of the country - writing	Improved a little
Language of the country - speaking	Improved a little
Language of the country - listening	Improved a little
Language of the country - overall	Improved a little

PAGINA 7

V29: Please rate the quality of the services or facilities that are available at the partner university

International Office	Excellent
Accommodation services	Excellent
Counselling services	Excellent
“Buddy” or mentor programmes	Excellent
Sports and Recreational facilities	Excellent
Student Associations	Excellent
Computer facilities	Excellent
Restaurant	Excellent

V30: * Please elaborate on your answer

Tamk is a really organized, they have a lot off facilities for their students

PAGINA 8

V31: Please describe two cultural differences you experienced during your stay abroad.Experience 1:

Finnish people are more on their own, but very helpful and kind!

V32: Experience 2:

Finnish people eating an buffet at their school. I wasn't used of that.

PAGINA 9

V33: How did you find accommodation? Throughthe university

V34: How much did you pay for this accommodation on a monthly basis? 200-400 euros

V35: Would you recommend this accommodationto otherstudents going to this partner university? Yes,
Please explain your answer
Lapinkaari is a nice place near to the lake and school!

PAGINA 10

V36: What are your tips for other students going here (e.g. housing, transport, cost of living, useful contacts etc.)?

I would recommend Lapinkaari, it is not too expensive and you have your own bathroom. You can save money because it is only 294 euro and other rooms are more expensive (400-600 euro).

V37: Write a short statement about the host university to inform other students.

Tamk is a school with a lot of facilities for erasmus students. They are very kind and helpful! One part of the school is almost new so the eating area is nice to sit and the library is clean, quiet and nice.

PAGINA 11

V38: If you could do it all over again, what would you do differently?

I would do more separated and things on my own to meet more people

PAGINA 12

V39: Do you have any other remarks?

choose Finland! =)
